



## National Defence

Regional Cadet Support Unit (Central)  
Ottawa and St Lawrence Area Headquarters

Connaught Cadet Training Centre  
1 Lewis Gun Road, Ottawa, Ontario  
K1A 0K2

## Défense nationale

Unité Régional de Soutien aux Cadets (Centre)  
Quartier général du secteur d'Ottawa et St-Laurent

Centre d'entraînement des cadets de Connaught  
Chemin 1 Lewis Gun, Ottawa, Ontario  
K1A 0K2

1085-30 (J3 OIC OSLA)

8 May 2019

Parents / Guardians

### MEASLES IMMUNIZATION REQUIREMENTS FOR CADET SUMMER TRAINING 2019

1. You are receiving this letter because your son or daughter will be participating at one of the Summer Training Centres this summer. Due to recent increases in confirmed cases of measles within various regions across Canada, the Canadian Armed Forces and the Cadet Organization would like to ensure Cadets and Legal Guardians are aware of the risks associated with this infection and to afford you the opportunity to ensure you have maximum protection from contracting this disease.
2. Diseases that are prevented by vaccines, such as measles, may be introduced into Cadet Training Centres by Cadets (or Cadet Instructors) attending these training centres which can then be transmitted to other Cadets (or Cadet Instructors).
3. It is highly recommended, that all Cadets (or Cadet Instructors) coming to a training centre have had all the immunizations that are recommended for the age of the Cadet (or Cadet Instructor) by the Provincial/Territorial Public Health Authority. Such immunization may well have been necessary to attend school in your province.
4. Recently, there have been cases of measles in several provinces, and this makes being up-to-date for measles vaccine important for the Cadet (or Cadet Instructor) as well as all others participating in, or working at, the training centre. Note that measles (and measles vaccination) is not the only concern. Other diseases prevented by vaccination may also present a problem at Cadet Training Centres, e.g. meningococcal disease, whooping cough, and vaccination for these should also be up-to-date.
5. Should you have any questions please discuss with you doctor or Regional Medical Liaison Officer. The following professional, evidence-based references may be useful:

- <https://www.canada.ca/en/public-health/services/diseases/measles.html>
- <https://www.cdc.gov/measles/about/parents-top4.pdf>
- <https://www.cdc.gov/vaccines/parents/diseases/child/measles-basics-color.pdf>

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6. Before your son or daughter travel to a Cadet Training Centre this summer please ensure:

- The Cadet carries their immunization record booklet with them.
- You have read and understood the content of this letter.
- You have read and understood the recommended references if needed.
- The Cadet has had two (2) vaccines from the MMR series (not mandatory but highly recommended).



P.D. Fraser  
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J3 Officer in Charge – Ottawa St Lawrence Area  
Regional Cadet Support Unit (Central)  
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